



VOLLEYBALL COACHING APP

Date of Application

Shirt Size

Employer

PERSONAL INFORMATION

Full Name :

Date of Birth : Social Security # :
(Used for background check, strictly confidential)

Address :

Zip/Postal Code : State/Province :

Mobile Number : Email Address :

NAME OF CHILDREN PARTICIPATING IN VOLLEYBALL:

Name	Age	Division

LEAGUE AND POSITION YOU WANT TO COACH

☐ Head ☐ Asst Grades ☐ 3/4 ☐ 5/6 ☐ 7/8

COACHING BACKGROUND

Have you played Volleyball before? ☐ Yes ☐ No

Have you coached Volleyball before? ☐ Yes ☐ No

If yes,

Number of years:

What level: Where:

Do you have any formal training as a coach? ☐ Yes ☐ No

If yes, please describe: (for ex. PE degree, coaching course, clinics, etc.)

Signature :

PRACTICE & GAME SCHEDULE REQUEST FORM

Coach :

Division :

Cell Phone # :

Email :

I give HPR permission to give my contact information out to parents on the team roster.

☐ Yes ☐ No

Please list practice times that your team would like in the following spaces below. Once the practice schedule has been created an email will be sent to all coaches informing you of your practice times. Please fill out all 5 choices. Please understand that we will do our best to offer you time and space on the days you request but we cannot guarantee that you will receive the days requested.

Weeknight Practices

1st Choice

2nd Choice

3rd Choice

Weekend Practices

1st Choice

2nd Choice

Please circle your preferred practice start time:

6:00PM 7:00PM 8:00PM

List the day of the week and time that you can **absolutely not practice**:

If there are any dates you cannot attend for Saturday games, please list below:

The South Metro Sports Recreation Leagues have draft rules set to ensure fair play between share-play communities. In divisions where the score and standings are kept, each coach will be allowed to “freeze” or keep a number of players. After all coaches have selected these players, the remaining players will be distributed during the coach’s draft. For all Volleyball teams coaches will be allowed to “freeze” 3 players maximum. The 3 players will include the children of all coaches and team sponsors.

1st Freeze/Head Coach Child:

2nd Freeze/Asst. Coach Child:

3rd Freeze:

SPORTSMANSHIP

COACHES PLEDGE / CODE OF CONDUCT

Pledge

- I will place the emotional and physical well-being of my players ahead of a personal desire to win.
- I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
- I will do my best to provide a safe playing situation for my players.
- I will promise to review and practice the basic first aid principles needed to treat injuries of my players.
- I will do my best to organize practices that are fun and challenging for all my players.
- I will lead by example in demonstrating fair play and sportsmanship to all my players I will provide a sports environment for my team that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.
- I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.
- I will use those coaching techniques appropriate for each of the skills that I teach.
- I will remember that I am a youth sports coach, and that the game is for children and not adults.
- I will follow and abide by the Harrisonville Parks and Recreation, and South Metro Sports League Policy.

Code of Conduct

We want to ensure that games are fair, positive and enjoyable experiences for all the children and adults involved. A game should be friendly and unifying – a spirited social and athletic occasion for players, coaches, umpires and spectators.

To clarify expectations of coach conduct, we jointly expect all coaches to conform to this code of conduct.

- Before, during and after the game, be an example of dignity, patience and positive spirit. Before a game, introduce yourself to the opposing coach and to the umpire.
- During the game, you are responsible for the sportsmanship of your players. If one of your players is disrespectful, irresponsible or overly aggressive, take the player out of the game at least long enough for him/her to calm down and explain why you took them out. If necessary explain the situation to the players parents.
- During the game, you are also responsible for the conduct of the parents of your players. It is imperative to explain acceptable player and parent behavior in a preseason meeting.
 - Encourage them to applaud and cheer for good plays by either team. Discourage them from yelling at other players and the umpire.
- During the game, you are also responsible for the conduct of spectators rooting for your team.
- If you have an issue, discuss it with the umpire calmly and patiently with respect for the individual.
- After the game, thank the umpire and ask your players to do the same.

Keep in Mind...

1. Umpires / Officials– especially young and inexperienced ones are like your players and yourself, in that they need time to develop. You can play an important role in helping them to improve by letting them concentrate on the game. You can help by encouraging them, by accepting their inevitable, occasional mistakes and by offering constructive post-game comments. On the other hand, you could discourage and demoralize the umpires by criticizing their decisions, by verbally abusing them and inciting or even accepting your own players' overly aggressive behavior.
2. Your example is powerful, for better or worse. If you insist on fair play, if you concentrate on your players' enjoyment of the game and their overall, long term development, and if you support the umpire, your players and their parents will notice. You are the example that will be followed, make that example a positive one!
3. If you encourage (or allow) your players to play outside the rules, if you're overly concerned about results, and if you criticize the umpire harshly, your players and their parents will notice and act in the same manor.
4. Think about what you're doing during a game! Uphold the Spirit of the Game! If you follow the expectations described above, the spirit of the game will be alive and well and will grow along with the enjoyment of all.
5. Be prepared for practice and games and mindful of the timeliness of each. Umpires / Officials will not allow you to delay the start of games. If you are 15 minutes late you will be required to forfeit.

Coaches who do not follow the expectations described above will be disciplined or removed.

I have read the Coaches Pledge & Code of Conduct and agree to abide by the code of conduct and coaches pledge at all events associated with Harrisonville Parks and Recreation and cooperating organizations. I also understand that I'm responsible for the actions and behaviors of my assistant coaches and fans of my team and will do my best to ensure they are aware and respectful of these expectations.

Coach's Signature

Date



HARRISONVILLE
Parks & Recreation