

April - Fitness Studio 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Patrons may use any available opening. However, please remember that HCC programs, leagues & rentals will have priority.</i></p> <p><i>Please be courteous if asked to be moved. This schedule can change without advanced notice.</i></p>				<p>1 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centery 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Pilates 'FOD' 8:15pm-8:45pm</p>	<p>2 HOLIDAY HOURS 7AM-3PM Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm</p>	<p>3 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centery 9:30am-10:30am Spinning 10:45am-11:30am</p>
<p>4 CLOSED</p> 	<p>5 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm</p>	<p>6 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centery 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm</p>	<p>7 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm</p>	<p>8 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centery 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Pilates 'FOD' 8:15pm-8:45pm</p>	<p>9 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm</p>	<p>10 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centery 9:30am-10:30am Spinning 10:45am-11:30am</p>
<p>11 Jazzercise 3pm-4pm</p>	<p>12 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm</p>	<p>13 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centery 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm</p>	<p>14 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm</p>	<p>15 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centery 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Pilates 'FOD' 8:15pm-8:45pm</p>	<p>16 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm</p>	<p>17 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centery 9:30am-10:30am Spinning 10:45am-11:30am</p>
<p>18 Jazzercise 3pm-4pm</p>	<p>19 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm</p>	<p>20 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centery 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm</p>	<p>21 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm</p>	<p>22 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centery 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Pilates 'FOD' 8:15pm-8:45pm</p>	<p>23 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm</p>	<p>24 Yoga 'FOD' 7:15am-8am Jazzercise 8:15am-9:15am Group Centery 9:30am-10:30am Spinning 10:45am-11:30am</p>
<p>25 Jazzercise 3pm-4pm</p>	<p>26 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm</p>	<p>27 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centery 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Spinning 7:15pm-8pm Pilates 'FOD' 8:15pm-8:45pm</p>	<p>28 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Gentle Yoga 10:45am-11:30am Pilates 'FOD' 12:15pm-1:15pm Zumba 6pm-7pm Yoga 'FOD' 7:10pm-7:45pm</p>	<p>29 Yoga 'FOD' 6:30am-7am Cycling 'FOD' 7:15am-8am Group Centery 9:30am-10:30am Cycling 'FOD' 12:15-1:15pm Jazzercise 6pm-7pm Pilates 'FOD' 8:15pm-8:45pm</p>	<p>30 Jazzercise 5:30am-6:30am Jazzercise 8:15am-9:15am Pilates 'FOD' 12:15pm-1:15pm Jazzercise 6pm-6:30pm Yoga 'FOD' 7:10pm-7:45pm</p>	